Step 1 Step 2

Grades: MS1/2 MS3

Extracurriculars, EM specific activities, research:

**Scheduling EM courses:**

For those students who have an interest in pursuing EM as a career, we offer the following courses:

**NS115** (Fall or Spring semester): 6-week observational EM elective for MS1 or MS2

**EMED 4044** (Fall or Spring semester): 2-week Core Elective for MS3

**EMED 4701**: 4-week required Advanced Clinical Rotation for MS4

**Timeline MS4 year:**

April - May - June

1. Take Step 2 CK. A good score will boost your application. However if you have excellent Step 1 scores or are not a “good test-taker,” you may want to delay this exam. Most programs do not require Step 2 scores during the initial application.
2. Consider taking another clinical rotation in April or May to optimize your history-taking, physical exam and presentation skills before taking EMED 4701.
3. Apply for away electives in EM. See below.
4. Meet with your Advisor and/or the EM Program Directors if you have not yet done so.
5. ERAS opens in June. Begin applications.
6. Take EMED 4701. You will work with our EM Program Directors and your Advisor. Your letters of recommendation (electronic Standardized Letter of Evaluation, eSLOE) are based on your clerkship performance. We recommend you take this course prior to doing an away elective.

July - August

1. Take EMED 4701 if you have not yet done so.
2. Take an away elective in EM. See below.
3. Continue meeting with your Advisor and/or the EM Program Directors as needed.

September

1. Submit ERAS.
2. Take an away elective if you have not done one or have special circumstances. Keep in mind that an eSLOE from this month will not be submitted until mid-October. Programs begin reviewing applications in early October. Ensure at least 3 Letters of Recommendation (LOR/eSLOE) are uploaded even if waiting for a letter.

October

1. Interviews offered. SUNY Downstate EM will hold early interviews for Downstate student applicants.
2. Take an away elective if there are no other options. The eSLOE from this rotation will be submitted in mid-November, late for most programs. Not ideal.

November - December - January

1. Interviews
2. Military Match

February

1. Meet with your Advisor and/or the EM Program Directors as needed.
2. Rank lists due

March

1. Main Residency Match

**Away Electives:**

You should start planning for away rotations in February/March. Look at program websites and/or contact the department coordinators as needed. Things to consider when choosing away rotations:

1. One away elective is sufficient for the majority of applicants. Talk to your Advisor or the Program Directors if you have special circumstances (limited geographic options, academic challenges, etc.)
2. Consider this as an “audition” month. This is your opportunity to showcase yourself at a dream program and increase your chances of interviewing at that program especially if it is very competitive.
3. Use this month to explore and show interest in a different hospital setting or geographic location.
4. Ask if programs use AAMC-Visiting Student Learning Opportunities (VSLO) or have a separate application process.
5. What documents are required? Prepare the appropriate material in a timely fashion. (Transcripts, CV, step scores, essays, letters of recommendation, health clearance forms, etc.)
6. Confirm that you will be able to obtain an eSLOE.

**Letter of recommendation (LOR)/ electronic Standardized Letter of Evaluation (eSLOE):**

A maximum of 4 LORs may be uploaded in ERAS per program.

The preferred LOR for EM applications are committee or departmental eSLOEs. These are usually committee letters and signed by the EM department. You will need a minimum of 2 committee eSLOEs. A third letter of recommendation (in eSLOE format) may come from your advisor or another EM faculty member. You have an optional fourth letter, which may come from any department.

For EM/IM applicants, you will need two 2 EM eSLOEs and 2 IM LORs.

**EM advisor:**

You will be assigned a faculty advisor to help guide you during the application process. The assignments are made in Feb/Mar. Fill out the email form when received. Students are always welcome to speak with any of the residency directors at anytime.

Contact your advisor to meet to discuss your goals and interests. Be sure to formally request a LOR/SLOE from your advisor in ADVANCE of your clinical rotation (EMED 4701) and make sure they are available to work shifts with you during that month. You will be scheduled shifts with your advisor to optimize the quality of your LOR/SLOE.

**Pertinent Faculty:**

James Willis, MD - EM Residency Director, [jmw1423@yahoo.com](mailto:jmw1423@yahoo.com)

Scott Kendall, MD - Asst. Residency Director, [tuckerkendall@gmail.com](mailto:tuckerkendall@gmail.com)

James Hassel, MD - Asst. PD, [djjaims@gmail.com](mailto:djjaims@gmail.com)

Pamela Janairo, MD - Asst. PD, [pamela.janairo@gmail.com](mailto:pamela.janairo@gmail.com)

Joshua Schechter, MD - EM/IM Residency Director, [joshschecht@gmail.com](mailto:joshschecht@gmail.com)

Allison Regan, MD - EM/IM Asst. Residency Director, [alr252@gmail.com](mailto:alr252@gmail.com)

Taylor Surles, MD – Asst. PD, [taylorsurles@gmail.com](mailto:taylorsurles@gmail.com)

Joel Gernsheimer, MD - Senior Educ. Faculty, [gernsh@aol.com](mailto:gernsh@aol.com)

Linda Fan, MD, MEd - EM 4701 Clerkship Director, [linda.Fan@downstate.edu](mailto:linda.Fan@downstate.edu)

Nayla Delgado Torres, MD- EM4701 Asst Clerkship Director, [nayla.delgado@gmail.com](mailto:nayla.delgado@gmail.com)

Bonnie Arquilla, DO- Director of Disaster Medicine Division

Christina Bloem, MD, MPH- Director of International Medicine Division and Fellowship Director

Konstantinos Agoritsas, MD - Director of Pediatric EM Division

Ambreen Khan, MD- Pediatric EM Fellowship Director

Catherine Bon, MD – Director of Ultrasound Division

Andrew Aherne, MD – Ultrasound Fellowship Director

Sage Wiener, MD - Director of Toxicology Division, NS 115 Course Director, [sageww1@yahoo.com](mailto:sageww1@yahoo.com)

Alex Gleyzer, MD - EM 4044 Course Director, gleyzer1@gmail.com

**Suggested sites for students interested in Emergency Medicine:**

EM-CORD (EM Council of Residency directors): <https://www.cordem.org/resources/professional-development/ascem/>

SAEM (Society for Academic Emergency Medicine): <http://www.saem.org/membership/medical-students>

CDEM (Clerkship Directors of Emergency Medicine): <https://www.saem.org/cdem/education/online-education>

EMRA (Emergency Medicine Residents’ Association): <https://www.emra.org/students>