

Emergency Medicine Career Advisement Worksheet.

Step 1 _____ Grades: MS1/2 _____ MS3 _____

Extracurriculars:

Recommended timetable of scheduling MS3/MS4 courses:

Anyone interested in EM.

Foundations 1 and 2: NS115 Fall or Spring semester—6 wk observation EM elective. Dr. Wiener course director.

MS3 year: Fall or Spring semester register for EM 4044 EM (2wk) Core Elective. Requires Dr. Gleyzer's permission **in advance**. (Aleksandr.Gleyzer@downstate.edu)

For Class 2017 (and forward)

April–May 2016 (MS4 year)

- Consider prepping and taking Step 2's (See EM Career booklet via CARE website or attached for recommendations)
- Consider EMED 4701 – Advance clinical rotation (4 weeks). However, you may benefit from doing another clinical rotation in April/May to optimize your clinical skills before taking the EMED 4701. Your LORs (individual (faculty/advisor) and EM dept are based on your course performance.

June–August 2016 (MS4 year)

- EMED 4701 – Advance clinical rotation (4 weeks). Recommend taking June/July so you can do an away EM rotation in July/August with some EM clinical experience. You may obtain 2 LORs-indiv (advisor/faculty) and EM dept. (based on EM4701 course performance).
- AWAY elective – obtain another EM LOR/SLOE

Sept 2016: AWAY elective is “ok”. But keep in mind the LOR/SLOE will not be submitted until mid-October (borderline late). There is a recent trend for programs to begin reviewing applications in 1st week of October. If you **ONLY** have 2 LOR/SLOE uploaded, it is possible your application may be considered “incomplete” and placed on hold until the 3rd LOR/SLOE is uploaded. One recommendation, submit a 3rd non-EM letter before Oct 1, then wait for the 3rd SLOE (overall #4 LOR) by mid-Oct. The preferred route depends on your overall portfolio.

Oct 2016: AWAY elective if no other option. But your LOR from this rotation will be “late” for applications. (Submitted in mid-November.) Not ideal, but risky and doable if you have **any** 3 LOR's submitted on/about Oct 1st week and you have a good profile.

AWAY Electives:

You should start contacting away rotations by early Spring. On average mid-Mar to early-May, although a few competitive (popular) programs may start their visiting student apps earlier. Inquire:

- Do they use VSAS or have a separate application process?
- What documentations do they require? I.e) Transcripts, CV, step scores, health clearance forms?
- Do they take names (waitlist) if full?

Things to consider for choosing an away rotation:

- “Audition” month. It's your dream program to showcase yourself.
- Increase your chances of getting an interview spot.
 - Because the program is very competitive.
 - You are concerned your application isn't as competitive
 - High demand location, i.e.) California
- Explore a different type of hospital/ER setting. I.e) community-based
- The program is strong in a particular area of interest. I.e.) wilderness medicine, tox etc.
- Explore a potential location to live.

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LOR/SLOE: Letter of recommendation/Standard Letter of Evaluation:

Minimum 3 LOR's for all residencies. Maximum 4 LOR's can be uploaded onto ERAS per program.

Majority of (competitive) EM programs prefer all 3 LOR's to be from EM doctors. Either individual or Departmental.

Vs. 2EM's and 1 other service (IM, Surg, FM etc).

If your 3rd EM SLOE is expected in late-October/November, then you should consider the 2EM+1 non-EM to be upload by first week of October to "complete" your application and leave an open 4th slot for the 3rd EM SLOE.

For EM/IM: usually 2 EM's and 2 IM's.

EM LOR's are written on a standard form called the SLOE. Almost all EM programs write their letters on this form.

Community EM doctors may not.

EM advisor:

Not required but offered. If you haven't done so, please submit the advisor request form via this link:

https://docs.google.com/forms/d/1XNTioH-KdAk_e3A2AU6ZdtFAvv_z41bcxNipJ5S7Lu4/viewform?usp=send_form.

Once assigned, you should email the faculty member for a meeting to discuss your goals and interests. As a potential individual faculty LOR writer, it is recommended you formally request an LOR from the advisor IN ADVANCE. Make sure he/she is available to work shifts with you during your scheduled EM 4wk rotation (EM4701). Unless you notify Ms. Coma, the student coordinator, of any faculty changes prior to the start of your EM rotation, you will be automatically scheduled shifts w/ your pre-assigned advisor to optimize the quality of your LOR/SLOE.

Of note, we will match the faculty advisors to the MS3 (who don't already have one) after the Match in mid-March.

Students are advised and always welcome to speak with any of the residency directors anytime.

General timetable guidelines:

Apr/May-Sept: Complete your EM rotations and request LORs (EM or any other specialty). Meet with your advisor to fine tune personal statement and list of programs you should apply.

Mid-Sept: students upload residency applications to ERAS.

Oct. 1: MSPE letter uploaded. (Formally Dean's letter)

Mid-Oct: Most if not all your LOR's (from completed rotations) should be uploaded.

Mid/Late-Oct: offers of interviews begin

Nov-early Feb: interview season.

Mid-Feb: students enter their rank list. Set up meeting with your advisors and/or residency director for input, if needed.

Mid-March: MATCH DAY. Congrats!

Pertinent Faculty:

Teresa Smith, MD, Residency Program Director.

Mark Silverberg, MD – Assoc. Res. Dir.

Hannah Locascio, MD – Asst. Res. Dir.

James Willis, MD – Asst. Res. Dir.

Joshua Schechter, MD – Assoc EM/IM Prog. Dir.

Allison Regan, MD – Asst. EM/IM Dir.

Joel Gernsheimer, MD – Senior Educational Faculty

Bonnie Arquilla, DO- Director of Disaster Medicine Division

Christina Bloem, MD, MPH- Director of International Medicine Division and Fellowship Director

Konstantinos Agoritsas, MD - Director of Pediatric EM Division

Jennifer Chao, MD- Pediatric EM Fellowship Director

Michael Secko, MD – Director of Ultrasound Division

Ninfa Mehta, MD – Ultrasound Fellowship Director

Sage Wiener, MD - Director of Toxicology Division

Here are some suggested sites that provide information on Emergency Medicine and "tips":

SAEM (Society for Academic Emergency Medicine): <http://www.saem.org/membership/medical-students>

CDEM (Clerkship Directors of Emergency Medicine): <http://www.cdemcurriculum.com>