

## Hours/Locations

- King's County S Building, 5th floor. L&D Suite.
- Hours: 6P-6A. Mon-Fri for 2 weeks.

## Attire Scrubs

## Responsibilities

- Requirement: Log 10 deliveries for which you were gowned and present.
- Introduce yourself to the attending and chief resident when you arrive.
- There is a board in the center of the floor behind the middle desk showing labor events. If a patient is > 8 cm dilated go introduce yourself to the patient so that you can be part of the delivery.
- Some attendings and residents will expect you to see patients in triage, write notes, present and manage them. This is another way for you to get to be part of the patient's delivery.
- The OB/GYN residents will allow you to do more if you are eager, excited and are willing to help out. Otherwise you may find yourself shoved out deliveries, or

not notified that a patient is about to deliver and end up missing it. This rotation is what you make of it.

## Tips/Helpful Stuff

- Always carry two pairs of sterile gloves with you just in case
- Once pt is close to delivering put on: gown, booties, gloves, face mask.
- Delivery: Tell pt to put hands on thighs, pull legs back and push. Put one hand below to prevent tearing and 3 fingers on head as it emerges, to stop ripping from hyperflexion and an explosive delivery. Once the head emerges, reach for the cord, check if nuchal cord, if so then unwrap by hooking one finger underneath and slipping it over the head. Then have patient push, holding the baby's neck firmly. Clamp cord, ask dad to cut between clamps. Get cord blood VBG from vein then ABG from artery. Clamp placenta, apply traction very slowly and rotate, do not pull as this can cause tearing and retained POC. May need to place a hand into the uterus to evacuate clots & blood and to perform uterine massage.