

# INTUBATION RECOMMENDATIONS

UPDATED  
MARCH 22, 2020

## CONSIDER AN ICU CONSULT IN PATIENTS WITH THE FOLLOWING HIGH RISK FEATURES:

SaO<sub>2</sub> <85% on RA, Requiring 6L NC or NRB

### PRE-INTUBATION ASSESSMENT

- Avoid Bipap
- Check equipment before entering the room
- Call respiratory early to set up the vent before intubation
- If MAP < 70 mm Hg, start vasopressors before intubation
- Set up ETCO<sub>2</sub> detector prior to intubation

### INTUBATION

- Intubation should be performed by senior resident or attending only
- Wear Full PPE
- **USE GLIDESCOPE:** maximize distance between doctor and patient
- Perform rapid sequence intubation
- Avoid manual ventilation: if needed use small tidal volumes and two-hand mask seal
- Confirm with ETCO<sub>2</sub> and disposable stethoscope
- Recommended tidal volumes: 6-8 cc/kg IBW

### POST-INTUBATION

- Dispose of all disposable equipment in trash bin
- Wipe down reusable items with saniwipes
- Doff all PPE and put in to trash bin
- Wipe down reusable items again with saniwipes and put in plastic bag
- Wash hands thoroughly

FOR ELDERLY PATIENTS CONSIDER AN EARLY ICU CONSULT TO DISCUSS GOALS OF CARE WITH PATIENT AND FAMILY

- Text page 917-205-0626 with MRN and "COVID" with your name and call back number