

ED OBSERVATION UNIT: VOMITING AND DEHYDRATION PROTOCOL

NYC H+H KINGS COUNTY HOSPITAL CENTER

General Observation Guidelines apply for all ED observation patients.

INCLUSION CRITERIA	EXCLUSION CRITERIA
<ul style="list-style-type: none">• Mild to moderate dehydration• Inability to tolerate PO• Refractory to ED treatment	<ul style="list-style-type: none">• Significantly abnormal electrolytes including Na < 125 mEq or > 150 mEq

INTERVENTIONS
<ul style="list-style-type: none">• IV hydration• Anti-emetics PRN• Analgesia PRN• Electrolyte supplementation and repeat labs if abnormal• Advance diet as tolerated

<i>DISPOSITION</i>	
Home: <ul style="list-style-type: none">● Resolution of symptoms● Tolerating PO fluids or medications	Admission: <ul style="list-style-type: none">● Inability to tolerate PO fluids or medications

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