

ED OBSERVATION UNIT: Diverticulitis PROTOCOL

NYC H+H KINGS COUNTY HOSPITAL CENTER

General Observation Guidelines apply for all ED observation patients.

| INCLUSION CRITERIA | EXCLUSION CRITERIA |
|--|--|
| <ul style="list-style-type: none"> Confirmed diagnosis of uncomplicated Diverticulitis on CT scan If recurrent and presentation is similar to recent episode but no CT scan is ordered, discussion should be had between attendings Inability/difficulty tolerating oral intake | <ul style="list-style-type: none"> Signs of sepsis Peritonitis Complications (perforation, abscess, fistula or obstruction, hypotension, GI Bleeding) Intractable abdominal pain Immunocompromised (malignancy, immunomodulators, HIV, uncontrolled DM) |

3

| INTERVENTIONS |
|--|
| <ul style="list-style-type: none"> Analgesia Anti-emetics Antipyretics if febrile Advance diet as tolerated IV hydration as indicated Antibiotics (consider avoiding antibiotics without a PO alternative) |

| DISPOSITION |
|---|
| <div> Home: <ul style="list-style-type: none"> Manageable abdominal pain Able to tolerate diet and oral antibiotics No active bleeding GI follow-up for colonoscopy once symptoms resolve as indicated </div> <div> Admission: <ul style="list-style-type: none"> Clinical deterioration Worsening abdominal pain with adequate analgesia Sepsis Inability to tolerate P.O. after 48 hours </div> |

*Last updated 11/22/2022
Written by: Nata Cisse, MD
Reviewed by Donald Doukas, MD*