

ED OBSERVATION UNIT: BARIATRIC SURGERY PROTOCOL NYC H+H KINGS COUNTY HOSPITAL CENTER

General Observation Guidelines apply for all ED Observation patients

Bariatric surgery: A gastric restrictive, malabsorptive, or combination of two procedures performed by a surgeon in an effort to limit PO intake and promote weight loss.

Dehydration and failure to tolerate PO in the early postoperative period are common reasons for bariatric patients to visit the emergency department. Many of these patients can be resuscitated in the observation unit and discharged safely without admission to the hospital.

<i>INCLUSION CRITERIA</i>	<i>EXCLUSION CRITERIA</i>
<ul style="list-style-type: none">• History of Bariatric Surgical intervention from Kings County Hospital within the last 30 days.• History of Bariatric Surgical Intervention from any outside hospital within the last 30 days.• Clinically/Hemodynamically Stable• Presentation consistent with a medical condition related to surgical history (e.g dehydration, emesis, correctable electrolyte abnormality, etc.)• Evaluation by General Surgery (Bariatric Division) in the ED to determine if patient is an OBS candidate• High likelihood of discharge from OBS < 24 hours	<ul style="list-style-type: none">• Clinically/Hemodynamically Unstable• Condition requiring surgical intervention (e.g Bowel Obstruction)• Diabetic Ketoacidosis (DKA)• Severe electrolyte abnormality

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INTERVENTIONS

- To be determined and implemented by the surgical service
- IV Hydration therapy
- Correction of any underlying electrolyte abnormalities
- Repeat lab work as clinically appropriate
- Serial abdominal exams and progress notes by surgical service q 6 hours
- Advanced imaging as needed (TBD by surgical service)

DISPOSITION

Home:

- Stable vital signs
- Mental Status at baseline
- Repeat lab work within normal limits
- Ambulatory (or at baseline with ADLs)
- Adequate oral intake commensurate with bariatric diet progression, i.e. bariatric clears, soft, puree diet

Admission:

- Does not meet criteria for discharge